

Larbert High School

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Falkirk Council
Children's Services

Rector: Jon Reid

22 February 2017

Dear Parent/Carer

Health and Wellbeing is a central part of the curriculum at Larbert High and we are very proud of the fact that at we are able to provide all pupils with the Scottish Government's National Recommendation of hours of in-school physical activity.

We work very hard with pupils to ensure that we provide a range of stimulating and engaging activities which not only improve their physical literacy but also works on developing their skills for life learning and work, alongside their other curricular subjects, to ensure all pupils are ready for the wider world in line with the Wood Report, June 2014.

To ensure that all pupils are given the same inclusive experience the school and Physical Education department have a very specific kit policy that **all pupils** must adhere to.

If a pupil is unable to take part for any reason they must bring a note to their class teacher as well as their required **PE kit** as they will be expected to assist with the lesson and will continue to be part of the class to ensure they are still receiving the same experience and improving their skills for life, learning and work.

If **any** pupil arrives at school without their required kit then the **department will provide them with suitable kit** to allow them to take part in the lesson with their peers. The kit provided is freshly laundered (non-biological detergent) and ensures that all pupils can engage fully in developing their physical literacy as well as skills for life, learning and work.

I would ask for your support to ensure that your child is:

- always prepared for Physical Education
- is aware of the school policy
- follows the school policy, if required

If there is a medical reason for pupils being unable to change into kit then would parents/carers please contact Mr Auld (BGE S1-3) or Mr Paterson (Senior S4-6) beforehand to arrange a suitable alternative.

Yours sincerely

Andy Auld
PT HWB BGE

Derek Paterson
PT HWB Senior Phase



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