

Larbert High School

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Falkirk Council
Children's Services

Rector: Jon Reid

16 May 2018

Dear Parent/Carer

S2 MESP programme

As part of our MESP programme at Larbert High School we have invited Teenage Cancer Trust to speak to our S2 students on the **24 of May** about cancer and health.

Who is the Teenage Cancer Trust?

Teenage Cancer Trust is a national charity dedicated to help young people fight cancer. Teenage Cancer Trust's national Understanding Cancer Education presentation is endorsed by the Government as it raises awareness of cancer which can lead to earlier diagnosis of cancer in the long term.

What information will the presentation include?

The presentation will last for around an hour and is an interactive opportunity for students to learn about and discuss:

- What cancer is
- Common Signs and Symptoms
- The impact of cancer on a young person
- Types of Treatment
- Healthy Living

By the end of the presentation, all students should know more about early warning signs and how they can reduce their risk of cancer later in life. Throughout the presentation students will be encouraged to become the experts of their own body and to speak to health professionals about any concerns.

Who will be delivering the presentation?

The presentation will be given by a trained professional speaker from Teenage Cancer Trust and is delivered in a sensitive way. If you have any concerns, please do speak to the school and we will ensure that your child is supported.

"I found it very informative and helpful it helped me understand more about what cancer is and how to prevent it from happening it did a good job in telling us how to spot the signs."

Pupil comment June 2017

Improved awareness can help to stop cancer before it starts, and break down fears about cancer. For more details, please look for the Transforming Cancer Knowledge report on the Teenage Cancer Trust website.



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Why is this important?

Teenage Cancer Trust want your child to have this opportunity to learn about cancer and feel more able to talk openly about their health because it's been proven to make a difference. Please do support this by talking to your child about what they have learned and encouraging them to be open about any health concerns they may have. Leaflets will be handed out at the end of the presentation that cover the main points and may be of interest to you.

If there are any issues you would like to discuss, or any reasons why you feel a pupil cannot take part in the assembly, then please do not hesitate to contact the school.

Yours sincerely

Kirsty Ferguson
PT Pupil Support